EACH PARTICIPANT SHOULD SELF-SCREEN PRIOR TO ARRIVAL AT TRAINING TO ENSURE THEY DO NOT HAVE ANY OF THE FOLLOWING SYMPTOMS (CONFIRMED BY A PARENT FOR THOSE UNDERAGE OF 18), AS THESE ARE POTENTIAL INDICATORS OF COVID-19 INFECTION.

Reminder that if anyone does tick any of the above then they should not take part in any activity. If they refuse to complete the check then they should also not be permitted to take part in activity.
The above is specific to COVID-19. As per normal protocol if you have any other illness including gastro symptoms you should not attend training or matches.

Date of Session/Match										
Name of Participant	A high temperature (37.8C or higher) All Clubs must ensure they undertake an on-site temperature check of participants as part of their screening process.	A new continuous cough	Shortness of breath	A sore throat	Loss of or change in normal sense of taste or smell.	Feeling more run down/tired/ fatigued than usual or generally unwell.	Any generalised muscle aches or pain which you haven't had before	Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks or have been told to isolate by Test and Trace?	In the past 14 days has anyone in your household displayed symptoms of COVID-19? •A high temperature •A new, continuous cough •A loss of, or change to, their sense of smell or taste	In the past 14 days have you returned from travel to an area where government quarantine restrictions are in place?

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