



## **Good Practice Guidelines on the use of Social Media**

The rapid rise and use of social media has been phenomenal and it can be difficult to keep up with the new sites and/or apps. Parents have concerns around online safety for their children and clubs have both these concerns and concerns around their club image and how they are portrayed by its members. The RFL receives more and more complaints and concerns about the use of social media and there have been related safeguarding and disciplinary cases.

Facebook and Twitter are commonly used by Clubs, Parents and Players as a way of communicating with each other. Young people (and many adults) may use one or more of the many group chat app such as 'WhatsApp'. Although this form of communication can be a good quick way of communicating, it brings problems too as the message is instant and once sent is difficult to retrieve. There have been several instances where children and young people have been victims of bullying on social media and CWOs should be aware of how to advise children and their parents if they report this to them.

All rugby league clubs should adopt a Social Networking Policy that is made clear to all members and users of the club.

### **GUIDELINES FOR COACHES**

Coaches should not be in contact with children and young people under the age of 18 on any social networking site, Other than a club's one way Facebook page used for communicating training times and changes etc.

Coaches should not accept friend requests from their players or other children within the club and should not send friend requests to young players or children

Coaches should not post photographs or videos of their team or individual players on their social media accounts without the explicit permission of the child and parents (parental consent forms for the use of images should be gained at the beginning of each new season). When such images are used captions should not identify individual children.

Coaches must never use their personal account or club social networking site to criticise their club, players, teams, opposition, parents, league or the RFL

Coaches must never post anything that would be considered to be discriminatory to any individual or groups and this includes reposting/retweeting

It is illegal to share explicit images of anyone under eighteen and this includes sharing any explicit images where U18s may be able to view the material or exposing young people to explicit images of children or adults

### **Under 18 Coaches/Match Officials and other volunteers**

The RFL recognise that adult Coaches/Match Officials etc. may need to include U18 co-workers into postings and online communication for the purpose of sharing working and volunteering opportunities. In such cases explicit permission from the parent/guardian of the young person should be given in writing. The parent/guardian should be advised that any

communication between the young person and the adult must be relevant to their roles. The Club/Society Welfare Officer should be aware of these arrangements and their advice sought if issues arise.

### **Young Coaches/Match Officials and U18 players**

It is recognised that young Coaches may have friends/family friends under the age of 18 who have been friends with them for a long period of time. It would not be a requirement to 'defriend' these people from Facebook etc. but the Coach should inform the Welfare Officer of these friendships and should never be the lead coach for these other young people.

### **Guidelines for Children and Young People**

Do not send friend requests to Coaches or other adult members of your club – they will have to refuse your request (this will be the same for your teachers too).

Be careful who you accept friend requests from and never accept from someone you do not know.

Think before you invite people to become your friend, do you know them?

Remember that other people may end up seeing things you have posted or pictures you have shared with 'friends' – it all depends on the privacy settings of you and others who can see your posts.

Once you've posted (even with SnapChat) you can't control what happens to it or who it is shared with

If you ever feel uncomfortable with anything online speak to your parent, coach, teacher, or another trusted adult who will be able to help you.

Never share pictures of yourself that may make you vulnerable and never share photos of other people without their permission. This includes photos of your team mates – you should ask the club, coach or team manager if it is ok for you to do this.

You should never post anything that may be hurtful or untrue and may cause someone else to be upset by it. Before you post anything, think, would it be considered to be abusive or bullying to another person – if in doubt do not post.

Never post when you are feeling angry or upset, take time to consider your postings.

Posting on social network sites does not mean you can do what you want, the laws still apply to online material.

It is illegal to take, possess or share 'indecent images' of anyone under 18 even if you're the person in the picture. Remember - if you wouldn't show it to your parents or your gran, you probably shouldn't share it online!

If you would like information on how to stay safe online visit the thinkuknow website by clicking onto this link <https://www.thinkuknow.co.uk/>

### **Guidance for Parents**

All people involved in rugby league should work towards promoting the game, their club and the sport. Negative postings about your child's club or coach could result in legal proceedings and/or expulsions. Taking to posting on social media will never sort out a problem or concern that you may have with your child's experience of rugby league. If you have any issues or concerns, then you should address this with the Coach or Club Welfare Officer.

Do not post photos of other players without the child and parents' permission.

Check your child's accounts to ensure they are both safe and sensible in their postings and friendship groups.

Be aware that children can experience online bullying and this can be a very isolating experience for a child, check that your child is safe online by visiting the thinkuknow website by clicking here <https://www.thinkuknow.co.uk/>

### **The Child Protection In Sport Unit (CPSU)**

The CPSU is the unit responsible for sport within the NSPCC They provide good briefing messages and guidelines for safeguarding children in sport and gives more information on social networking sites. You can view their resources and information by clicking on to this link <https://thecpsu.org.uk/>

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