

COMMUNITY GAME GUIDANCE

ALL PARTICIPANTS MUST FOLLOW GOVERNMENT GUIDANCE ON SOCIAL DISTANCING



LARGE NON-CONTACT TRAINING SESSIONS IN GROUPS OF NO MORE THAN 30 MAY RESUME EFFECTIVE **MONDAY 10TH AUGUST 2020**

This guide has been designed to be used by clubs, players, club officials, club welfare officers, match officials, volunteers, parents/carers, spectators, rugby league partners and facility providers. Every club, player and match official has the ability to choose whether they wish to return to activity.

This document outlines action to be taken before, during and after any rugby league activity in England, it should be read in conjunction with the latest UK government Covid-19 guidance available [HERE](#) and the more detailed guidance document produced by the RFL available [HERE](#).



ACTIVITY

- Max groups of 30
- Recommend 60 minute sessions
- Socially distanced training with 40 minutes of medium risk activities as of 24th August
- Medium risk activity confined to pods of 15 for the week
- Medium risk activity means opposed non-contact training including Touch RL .e.g 2v1, 3v2 left v right as long as no shoulder contact is made



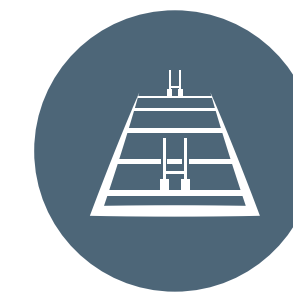
COACHING

- 2 coaches for the group
- Ensure social distancing is followed
- RFL safeguarding must be followed



EQUIPMENT

- All equipment cleaned and sanitized before sessions
- Balls cleaned or swapped with sanitized balls after medium risk activity has taken place



FACILITIES

- Recommended changing rooms are not used
- Showers may be used however participants are encouraged to shower at home
- Clubhouse can open
- All facilities must follow the government guidance



HEALTH & SAFETY

- Refuse entry to any individual that presents with cold or flu like symptoms.
- Establish a meeting area at the venue to confirm the above, record attendance and ensure all venue protocols are followed.
- Maintain social distancing protocols both on and off the field.
- Clean and disinfect all equipment and surfaces regularly.
- Maintain a schedule that allows for adhering to the maximum numbers of 6, including appropriate entry and exit to the venue.
- Ensure personal belongings are minimal and kept for individual use only, including hand sanitiser and water bottles.
- Players and coaches to wash hands before and after training.